

Oakwood Infant School – Hot Meal Menu Plan

Sept 2026 - Dec 2026



Week Beginning	Monday	Tuesday	Wednesday	Thursday	Friday
04/09/2026 21/09/2026 12/10/2026 09/11/2026 30/11/2026	<u>CHARGRILL CHICKEN & PASTA</u> Chargrill chicken served with wholewheat penne pasta in a rich and rustic tomato sauce with a supersweet corn cobette*(G,MU,SO). Vegan option- Vegan chicken style fillet served with wholewheat penne pasta in a rich and rustic tomato sauce with a supersweet corn cobette*(G,MU,SO). VE-Banana desert whip with mini shortbread*(G,M). VE-shortbread*(G).	<u>SALMON AND SWEET POTATO FISHCAKE</u> Salmon and sweet potato fish cake served with creamy mash potato, mushy peas and sliced carrots*(G,F). Vegan option- Vegan fishless fingers served with creamy mash potato, mushy peas and carrots*(G,SO). V-Fresh yogurt*(M) VE- Fruit.	<u>ROAST BEEF DINNER</u> Sliced roast beef served with a yorkshire pudding, baby new potatoes, minted peas, baby carrots & gravy*(G,E,M). Vegan option – Vegan sausages served with baby new potatoes, minted peas, baby carrots & gravy*(G). V-Chocolate fudge cake*(G,E,M,SO). VE-Vegan cup cakes*(G,SO).	 <u>PLANT POWER CHILLI NON CARNE</u> VE-Vegan chilli con carne served with wholegrain rice and nacho chips and sweetcorn*(G). VE- Orange iced smoothie.	<u>CHICKEN KORMA CURRY</u> Mildly spiced chicken korma curry served with wholegrain basmati rice, mixed vegetables & a naan bread*(G,M,SO). Vegan option- Vegan chicken style & vegetable curry served with wholegrain basmati rice, mixed vegetables & a naan bread*(G,SO). VE-Selection of fresh fruit.
07/09/2026 28/09/2026 19/10/2026 16/11/2026 07/12/2026	<u>PORK STIR-FRY</u> Pork stir fry in a mild black bean sauce served with egg noddles, Sliced green beans & sliced carrots*(G,SS,SO,E). Vegan option- Vegan shredded pork served in black bean sauce with rice noodles, sliced green beans & carrots*(G,SS,SO,B). V- Mini red berries muffin*(G,E,M,SS). VE-Mini fruity muffin*(G,SO).	<u>TOMATO SOUP</u> Tomato and red lentil soup served with a wholegrain mini bread roll, broccoli and potato dippers on the side*(G,E,M,SO,MU,C,SS) Vegan option-Vegan tomato soup served with broccoli, potato dippers and a slice of bread on the side*(G,SO,B). VE-Rosalie biscuits*(G).	<u>ROAST CHICKEN DINNER</u> Roast chicken & stuffing Served with yorkshire pudding, roast potatoes, broccoli, cauliflower, carrots & gravy*(G,E,M,SO) Vegan option – Vegan chicken style fillets & stuffing served with roast potatoes, broccoli, cauliflower, carrots & gravy*(G,SO). V- Fresh yogurt*(M). VE- Fruit.	<u>JACKET POTATO</u> Jacket potato served with reduced salt & sugar baked beans, cheese or tuna mayo*(F,M,E) Vegan option- Jacket potato served with reduced salt & sugar baked beans. V- Ginger cake*(G,E). VE- Vegan ginger cake*(G,SO).	<u>STAND AND STUFF TORTILLA</u> Supersoft flour tortilla boat stuffed with salad and topped with bbq crispy chicken and roasted mexican corn*(G,SO,M,E,C) Vegan option- Supersoft flour tortilla boat stuffed with salad and topped with vegan style chicken and roasted mexican corn*(G,SO) V/ VE- Fresh watermelon.
14/09/2026 05/10/2026 02/11/2026 23/11/2026 14/12/2026	<u>CHEESE AND HAM PIZZA</u> Cheese, tomato and ham pizza served with wholewheat penne pasta mixed with sundried tomatoes drizzled with olive oil & mixed veg*(G,M,E,SO,MU) .Vegan option- Vegan cheese & tomato pizza served with wholewheat pasta mixed with sundried tomatoes drizzled with olive oil*(G,SO,SO,MU) VE- Fruit cocktail in natural juices.	<u>BAKED BEAN PIE</u> Baked bean pie topped with creamy mashed potato and served with a colourful melody of mixed vegetables*(E,M,MU) Vegan option- Baked bean pie topped with creamy mashed potato and served with a colourful melody of mixed vegetables. V- Fresh yogurt*(M).	<u>MINI TOAD IN THE HOLE</u> Mini pork sausages served in a yorkshire pudding with creamy mash, baby carrots, garden peas & gravy*(G,E,M). Vegan option- Vegan sausages served with creamy mash, garden peas, baby carrots & gravy*(G). V-Iced sponge cake*(E,M,G,SO) VE-Vegan muffin*(G,SO).	<u>SPANISH OMELETTE</u> Spanish omelette served with garden peas and a side salad*(E) Vegan option- Vegan pasta bake served with a side salad*(G,SO) V- .Fruity cake bars*(G,E,M,SO). VE- Vegan fruity muffins*(G,SO).	<u>FISH FINGERS AND CHIPS</u> Omega 3 fish fingers served with french fries, reduced salt & sugar sphagheti hoops & garden peas*(F,G). Vegan option- Vegan fishless fingers served with french fries, reduced salt & sugar sphagheti hoops & garden peas. *(G,SO). V- Orange jelly and cream*(M) VE- Orange jelly.

Salad bar now available everyday.

G = (Gluten) E = (Eggs) M = (Milk) SO = (Soya) SS = (Sesame Seeds) F = (Fish) N = (Nuts) SU = (Sulphur) P = (Palm oil) MU = (Mustard)
B = (Barley) C=(Celery)
V = (Vegetarian) VE = (VEGAN)

Fresh water, milk and fruit will be available everyday with lunch.

Children with known allergies will be catered for.

Our kitchen staff use a variety of ingredients to accommodate a variety of different meals but due to the nature of the kitchen environment we cannot guarantee the removal of cross contamination and although we are now a NUT awareness school we cannot control may contain NUTS in certain foods.

We do all we can to keep to our menu on a daily basis, but sometimes due to suppliers issue which are out of our control we may need to change the menu at very short notice.

