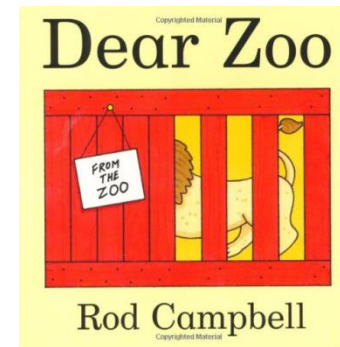


Children thrive from having structure and routine built into their learning. Please find below a suggested timetable for the day. However, don't worry if this can't be followed exactly - it's just an example.

Time	Activity
9:00 - 9:30	Good morning Wake and shake (Jumpstart Jonny, go noodle - Youtube)
9:30 - 10:00	Phonics (See Class Dojo links)
10:00 - 11:00	Break
11:00 - 12:00	Maths (See activities below)
12:00 - 1:00	Lunch time
1:00 - 1:15	Wake and shake
1:15 - 2:00	Complete a blue activity
2:00 - 3:00	Complete a yellow OR green activity
3:00	End of day story

Core story: Dear Zoo - Rod Campbell

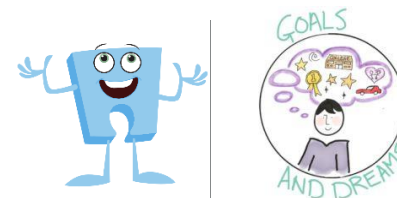


<https://m.youtube.com/watch?v=ZqGYWRHOV6E>

Maths: Comparing Mass & Capacity



Jigsaw theme:



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<p><b>Maths</b> heavy heavier than.. heaviest light lighter lighter than lightest...</p>	<p><b>Dear Zoo</b> Can you put the animals from the story in the correct size order? Can you find things around your home that are different lengths and put them in order from the shortest to the tallest? <a href="https://www.topmarks.co.uk/early-years/lets-compare">https://www.topmarks.co.uk/early-years/lets-compare</a> OR Could you have a go at measuring everyone in your family using string? Who is the tallest/shortest?</p>	<p>Collect some items from around your home and hold one item in each hand to estimate which feels the heaviest? How do you know? Do you all agree? Repeat with different items - sometimes the smallest things are not the lightest and sometimes the biggest things are not always heavy. Try and encourage your children to use the vocabulary in the box to the left. <a href="https://pbskids.org/peg/games/happy-camel">https://pbskids.org/peg/games/happy-camel</a></p>	<p>Today is all about filling containers - use a cup or another container and make your cup - full, empty, nearly full, nearly empty, about half full. Can you find a container that holds less?  <b>Use the maths pictures below to help you.</b></p>	<p>Explore different shaped and sized containers to explore which holds the most? You could do this with water and use the same cup to fill different sized containers. How many cups does it take to fill each container?  <b>Use the maths pictures below to help you.</b></p>	<p>Can you use a matchbox or another small box to find things to put inside it to fill it up - remember the lid still has to close shut - you will be on the hunt for some tiny things! Have fun, we are looking forward to seeing how much you can out inside it.  <b>Use the maths pictures below to help you.</b></p>
<p><b>Number Formation</b></p>	<p>Digit Dance 1, 4, 7 <a href="https://www.youtube.com/watch?v=DrKWoxgUSvk">https://www.youtube.com/watch?v=DrKWoxgUSvk</a></p>	<p>Digit Dance 3 <a href="https://www.youtube.com/watch?v=zA2OEqI279c">https://www.youtube.com/watch?v=zA2OEqI279c</a></p>	<p>Digit Dance 6 and 9 <a href="https://www.youtube.com/watch?v=OoHIFEnPrZ8">https://www.youtube.com/watch?v=OoHIFEnPrZ8</a></p>	<p>Digit Dance 8 <a href="https://www.youtube.com/watch?v=VZVpLfCRyqE&amp;list=PLb6AMRc8qwCOMfUd6I1hloC5tnO-FY2En">https://www.youtube.com/watch?v=VZVpLfCRyqE&amp;list=PLb6AMRc8qwCOMfUd6I1hloC5tnO-FY2En</a></p>	<p>Digit Dance 5 <a href="https://www.youtube.com/watch?v=55br5-SIRKc">https://www.youtube.com/watch?v=55br5-SIRKc</a></p>
<p><b>Physical development</b></p>	<p>Dough Disco: Use this link and some playdough to exercise and warm up your fingers. <a href="https://youtu.be/DrBsNhwxyzc">https://youtu.be/DrBsNhwxyzc</a></p>	<p>Using any bits of paper you can find cut out some long strips of paper. Make them different lengths - some long some short, now put them in the right order from shortest to tallest. See picture below for <b>Top Scissor Tips</b></p>	<p>Using chalk outside or even a paintbrush and some water could you have a go at drawing an animal? A wiggly snake? A tall giraffe?</p>	<p>Cosmic Yoga - Use this link to join in with this wild yoga session. <a href="https://www.youtube.com/watch?v=IFbWNmzPByQ">https://www.youtube.com/watch?v=IFbWNmzPByQ</a></p>	<p>Can you go on a walk today and get some fresh air? Can you look for four objects or sticks and sort them from shortest to tallest when you get home?</p>

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<p><b>Jigsaw - Personal, social and emotional development</b></p> <p><b>What are we learning?</b> I can use kind words to encourage and help people.</p>	<p><b>Warm Fuzzies</b> - warm fuzzies are feelings inside us that make us feel warm. What makes you feel a warm fuzzy? How can you give someone else a warm fuzzy?</p> <p>Maybe you could make a warm fuzzy jar? With your grown up you can think of things you could put in the jar when you or your grown up feels a warm fuzzy. I have used pom poms in mine - look at the picture on the next page.</p> <p>It could be that you put one in for saying something kind, you may put one in for doing something kind</p>	<p>Watch the story of The Ugly Duckling: <a href="https://m.youtube.com/watch?v=TyrmcD8Yml0">https://m.youtube.com/watch?v=TyrmcD8Yml0</a></p> <p>Pause the video at different points as you watch and with your grown up discuss</p> <ul style="list-style-type: none"> <li>• How the Ugly duckling felt?</li> <li>• Why did he feel that way?</li> <li>• How did the other ducklings feel? (they think they are better than him)</li> <li>• Discuss how you feel when people say horrible things to you.</li> <li>• How do you feel when someone says something nice to you?</li> </ul>	<p><b>Mindful Wednesdays</b></p> <p>Mindful squiggles. Check out the mindful colouring on your class Dojo story today.</p>	<p><b>Challenge:</b> Can you do an act of kindness for someone you know this week?</p> <p>Maybe you could surprise someone you know with a small gift or a picture or even a kind word.</p>	<p><b>Kind Words</b></p> <p>Draw a picture of everyone in your family. Think of a kind word to say about each of them. Can they think of something nice to say about you?</p> <p>With your grown up can you think about something good about each family member? Can they think and say something good about you?</p>
<p><b>Communication and language</b></p> <p>Dear Zoo.</p>	<p><b>Listen Carefully</b> Recap on the story by watching the story here: <a href="https://www.youtube.com/watch?app=desktop&amp;v=A9Jr4jOOP9c&amp;feature=emb_title">https://www.youtube.com/watch?app=desktop&amp;v=A9Jr4jOOP9c&amp;feature=emb_title</a> Read the animal descriptions (found below) Can the children tell you what animal is being described from the story?</p>	<p><b>Which Animal?</b> Choose one animal from the story. Can you draw a picture of them and think of lots of words to describe it with your grown up? Can you have a go at writing these words using the sounds you can hear?</p>	<p><b>Perfect Pet</b> If you could have the perfect pet what would you choose and why? Draw a picture and with your grown up think of some words to describe your perfect pet.</p>	<p><b>Animal Facts</b> Can you choose one of the animals from the story - with your grown up what facts can you find out about that animal using the internet - Where does it live or come from? What does it eat? What are their babies called?</p>	<p><b>Guess the animal</b> Animals make different sounds. Can you guess the animals in this video?  <a href="https://www.youtube.com/watch?v=3JA2yR8ZMzc">https://www.youtube.com/watch?v=3JA2yR8ZMzc</a></p>

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Some Other Fun Links:

Five Little Monkeys: <https://www.youtube.com/watch?v=0j6AZhZf7A>

Elephants have wrinkles: <https://www.youtube.com/watch?v=cRvMB9zJvsg>

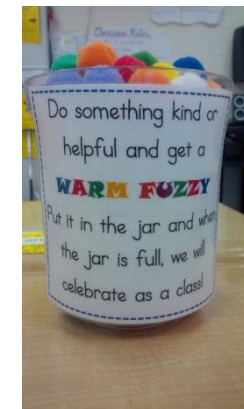
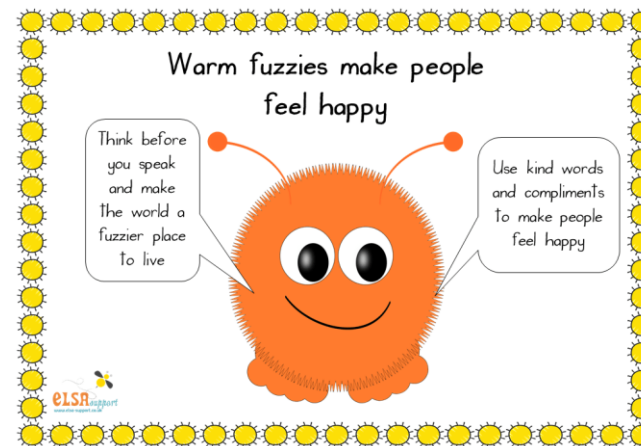
Listen to this wonderful Dear Zoo song: <https://youtu.be/KsHXDPxozTk>

Scissor Top Tip

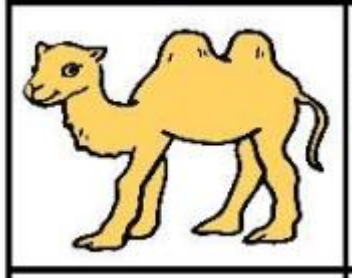

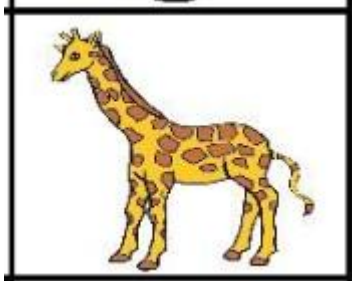
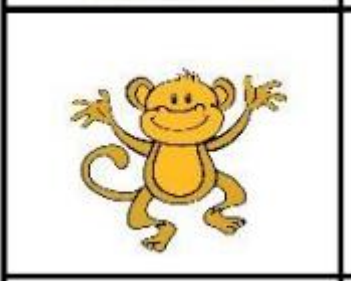
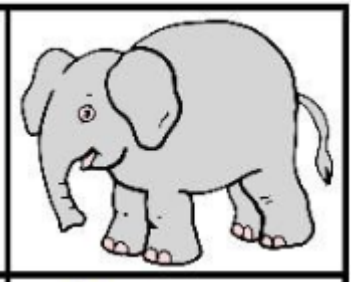
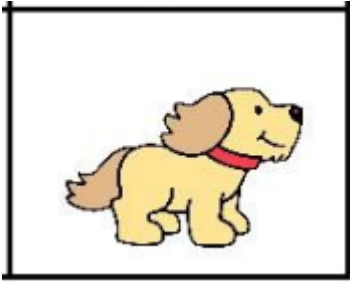
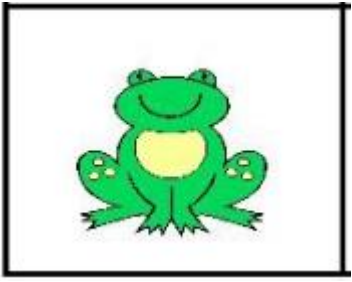
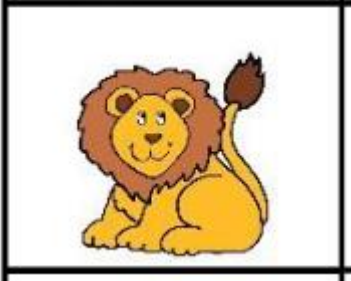
When using scissors it is important that we learn how to hold them properly. A little tip is to draw a smiley face on your thumb nail. This thumb should then go in the hole at the top of the scissors and so you should be able to see it at all times when you are cutting. 😊



**Warm Fuzzies**



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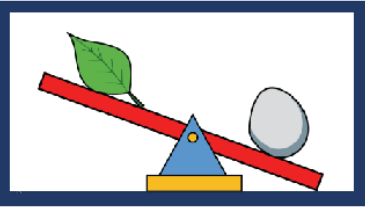
	<p>I have four legs I live in the desert I carry lots of water I have two humps I am grumpy</p>		<p>I have no legs I slither I hiss I have patterns on my body I am scary</p>
	<p>I have four long legs I have a pattern on my body I am yellow and brown I have a swishy tail I have a long neck I am tall</p>		<p>I have four legs I like to eat bananas I swing in the trees I am naughty</p>
	<p>I have four stumpy legs I have big ears I have a long trunk I have tusks I am grey I am very big and heavy</p>		<p>I have four legs I get excited I am small I am perfect I woof, woof!</p>
	<p>I am small I hop I ribbit I can be different colours I am jumpy</p>		<p>I have four legs I have a tail I like to hunt I have a mane I am fierce</p>

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## Tuesday

#MathsEveryoneCan


Explore what happens when you put different objects on the balance scales.  
What do you notice? Which objects make the scales tip?



**Key vocabulary**

- heavy
- light
- heavier than
- lighter than

If you don't have a set of balance scales, try placing an object on each hand to see which feels heavier.




White Rose Maths

## Wednesday

#MathsEveryoneCan


Fill cups with different amounts of liquid.  
What do you notice?  
Use the key vocabulary to talk about and compare each cup.



**Key vocabulary**

- full
- empty
- nearly full
- nearly empty

What happens if you change the size of your cup.  
What do you notice when you use a tall, thin cup or a short, wide cup?




White Rose Maths

## Thursday


#MathsEveryoneCan

Explore filling different sized containers.  
What do you notice?  
Which pot holds the most? Which pot holds the least?



**Key vocabulary**

- smaller
- larger
- most
- smallest
- largest
- least



White Rose Maths

## Friday



#MathsEveryoneCan

Go on a hunt to find some objects that will fit inside a matchbox.

You could go around your house or outside.

Make sure you think about the size and length of each object you find.

How many objects fit inside your matchbox altogether?

White Rose Maths

## Bonus Activity or you could bake a cake or


Biscuits with your adult measuring and weighing the ingredients

#MathsEveryoneCan


Have a go at making your own playdough.  
Remember to measure out your ingredients carefully.

**No Cook Playdough Recipe**

- 2 cups of flour
- ½ cup of salt
- 2 tablespoons of cream of tartar
- 2 tablespoons of oil or baby lotion
- 1 cup of hot water



1. Combine the dry ingredients in a bowl, add the oil or baby lotion and then the water.  
You could also add some food colouring here if you would like a colourful dough.
2. Stir everything together and then knead the dough until you are happy with the consistency.



White Rose Maths